ARE YOU ASLEEP?

Have you traded your dreams for security?
Are you giving away your personal power?
Are you avoiding really living because of fear?

As men, we are taught to function from our heads, to make logical decisions and shut down our emotional realities. We learn to endure psychological and physical pain – driving them into the shadows. The truth is, the repressed pain and denied emotions are running our lives – in subtle and not so subtle ways. We are sleepwalkers, shadows of what we have the potential to be.

IT’S TIME FOR A WAKE UP CALL.

Are you ready to do something about it? Say YES to an evolved way of living as a man in the world: strong and self-aware, fierce and gentle. Be responsible for your life and empowered with the realization that you have a unique role to play in recreating our society. The world needs your help, RIGHT NOW. This is your opportunity to join a brotherhood of men dedicated to personal and cultural evolution.

Hear the CALL. Take the RISK. Get MORE than you HOPE for!

BE THE MAN YOU WANT TO BE

The ManKind Project USA is a 501(c)(3) nonprofit organization. Not affiliated with any religious practice or political party. MKP USA strives to be increasingly inclusive and diverse.

Changing the world one man at a time. Since 1985.

“MKP has quickly become one of the cornerstones of who I am and how I move through the world today.”
~ Wentworth Miller; Actor, Writer

NewWarriorTraining.org
Or email: outreach@mkp.org

What We Practice and Why

Emotional Authenticity: Because we believe in honesty and wholeness ... we practice emotional intelligence and self-awareness.

Personal Responsibility: Because we value integrity and accountability ... we take 100% responsibility for our feelings, and we own the impacts – both positive and negative – of our choices and actions.

Leadership Mastery: Because we believe that role models change lives ... we practice highly principled personal, interpersonal, and group leadership.

Empowered Mission: Because we value generosity, service, and connection to spirit... we explore and live from our deepest purpose.

Supportive Community: Because we care for ourselves and the generations to come... we create a place for men from all walks of life to learn and teach in a safe, respectful, challenging, and inclusive peer-network.
The NWTA is an intensive men’s training and male initiation. The path of the weekend follows an arc similar to Joseph Campbell’s Heros Journey. You will be challenged physically, mentally, and emotionally to look fearlessly at your life and to find your unique brilliance. Will you answer the call?

**Call to Adventure:** New possibilities. You get an invitation to become the hero in your life.

**Be the GIFT:** Share your Gift. Become an active participant in transforming the world.

**Refusing the Call:** Fear of change and excuses urge you to stay in your comfort zone.

**A New Life:** You are welcomed home and offered tools to integrate the Gift into your Life.

**Ready to Go:** You take the risk and register for the New Warrior Training Adventure.

**The Practice of Manhood:** Join your brothers in mastering new skills and deepening community.

**Guidance from an Ally:** Synchronicities move you toward the threshold. Mentors appear.

**Your Heart’s Desire:** Deep within you a fire ignites and frees a powerful force. Find your Vision, Mission and Affirmation.

**Leave the Known World**

**The Descent:** Forces separate you from the known world as you descend into the unknown.

**Road of Trials:** Face the truth about yourself: accountability, integrity, risk, and adventure.

**Your Heart’s Desire:** Deep within you a fire ignites and frees a powerful force. Find your Vision, Mission and Affirmation.

**Emotion Rises Up:** Raw, uncomfortable, exhilarating feelings of grief, fear, joy, anger, courage, and love. You could turn back, but that’s not why you came.

**Victory:** You access the true strength within you. Triumphant, you embrace your power, connection, and compassion.

**The ORDEAL:** Do you have the GUTS to confront the ultimate power in your life? You won’t be alone.

**The GIFT:** See the world, manhood and yourself with compassion, possibilities, and deeper purpose.

**Celebration:** In brotherhood, you claim your place around the fire in a Circle of Men.

**The ManKind Project**

Answer the CALL: www.nwta.mkp.org