



THE  
**ManKind Project**<sup>®</sup>  
**WE HELP MEN GROW!**  
 Because the world needs grown up men.

THE  
**ManKind Project**<sup>®</sup>  
 U S A

**MAKING A  
 DIFFERENCE IN  
 MEN'S  
 LIVES**

**TRANSFORMATION**

Every year over 2,000 men attend the New Warrior Training Adventure (NWT). It is a challenging and life-changing opportunity for radical self-examination and connection.

**PRACTICE**

Every week the ManKind Project directly serves nearly 10,000 men through free and confidential peer support groups (called I-Groups). Men develop skills, set goals, and are challenged and supported to continue their work as men mentoring men.

**IMPACT**

Over the last three decades the ManKind Project has been a wildly successful social invention incubator. Over 125 powerful organizations, service programs, charities, and trainings have been created by MKP men, positively impacting the lives of millions around the globe.



*"In 2012 I joined a men's group called the ManKind Project, which is a men's group for all men, and was introduced to the still foreign and potentially threatening concepts of us... and we... the idea of brotherhood, sisterhood, and community."*

— Wentworth Miller, Actor/Director



*"There's this group called ManKind Project, they lead retreats to try and help men feel more OK with all the different sides of being a man. I went on one of those retreats because I was so intrigued. It was... amazing."*

— Jim James, Singer/Songwriter



*"If I had a magic wand, I would give this gift to every man alive. It is a life changing experience. Mankind invites men to look deep and to be and live out of their core - in other words to be and live who they really are, not what society, their families, and others think they "should" be.*

— Barbara Hunt, MS, LPC, LMFT



*"I was heading in the direction I wanted to head in ... but MKP gave me the tools I needed to get there. The journey has been incredible. MKP changed my life."*

— Dwaine Go, Producer

The ManKind Project is a global nonprofit organization (501c3 in the USA). MKP is unaffiliated with any religious practice or political party. MKP strives to be increasingly inclusive and diverse.

LOCATE A FREE MEN'S SUPPORT GROUP NEAR YOU  
**1-800-870-4611 or outreach@mkp.org**  
**MANKINDPROJECT.ORG**



**Imagine groups of men in communities around the world; actively taking individual and shared responsibility for a better future.**



## PERSONAL GROWTH

The ManKind Project's flagship training, the New Warrior Training Adventure [NWT], has been called **the most powerful training program for men available**; it's a life-changing experience for men who attend.

Graduates of the NWT, called New Warriors, positively transform families, communities, institutions, and society as conscious men, self-aware leaders, and role models working with others to benefit humanity. Over 60,000 men from around the globe have taken this safe and modern hero's journey.

The personal growth opportunity MKP creates is unique. MKP's training programs provide a space for men to heal and transform, to connect to their power, beauty, vulnerability, and purpose, to let go of damaging patterns and beliefs, and to create connection with a supportive and caring brotherhood.

In addition to the flagship training, MKP provides a full Leadership curriculum, Intercultural Competence Training, Group Facilitation Training, training for Elders and for Young Men, Zen Meditation Retreats, and more.



## PEER SUPPORT

ManKind Project men's groups are **men mentoring men through all the ages and stages of their lives**. Through the ongoing practice of self-awareness, emotional intelligence, and personal responsibility, New Warriors are creating a new way of being for men in our culture.

The most successful and innovative people in the world have peer groups, coaches, and masterminds they rely on for support and challenge. ManKind Project men have a place to go to continue learning and integrating new skills in a brotherhood committed to ongoing development.

MKP's network of men's groups is available to men whenever they need it and wherever they are. Today, there is a growing network of virtual men's circles for men not in proximity to an existing community.



## MISSIONS OF SERVICE

On the flagship New Warrior Training Adventure, **men create an individual mission statement as a touchstone for their vision of a shared future**. For many men this statement provides a grounding sense of purpose and direction. For some men this mission statement is the basis for action in the world that is transforming institutions and culture. Many MKP men are social entrepreneurs, creating values driven and powerful offerings in service of creating a better world.

At the community and I-Group level, New Warriors join together to have an impact in communities through service projects. From community cleanup efforts and building projects to championing and standing up with others to end violence, speak out about mental health, and support diversity and equality in our society.

It is this commitment to purpose that gives rise to the MKP USA mission statement:

**FIND A  
NEW WARRIOR TRAINING ADVENTURE  
or MEN'S GROUP in your community  
email [OUTREACH@MKP.ORG](mailto:OUTREACH@MKP.ORG)  
[MANKINDPROJECT.ORG](http://MANKINDPROJECT.ORG)**

***We create a world in which men take individual and collective responsibility for the future of humanity by initiating men on a path to emotional authenticity and spiritual awareness in deepening community.***